The DAFO® Guide to brace selection





MILD

Visible medial arch. Mild heel eversion and forefoot abduction.

Can correct when prompted

Can be manually corrected with no resistance.

MODERATE

Reduced medial arch. Moderate heel eversion and forefoot abduction.

Can improve when prompted.

Can be manually corrected with mild resistance.

STRONG

Absent medial arch. Strong heel eversion and forefoot abduction.

Cannot improve when prompted.

Can be manually corrected with moderate resistance.



HotDog

PattiBob



Chipmunk[®]

JumpStart' Leap Frog



DAFO 4



High Tone



HIGH TONE PRONATION

Visible medial arch. Mild heel eversion and forefoot abduction Can correct when prompted. Can be manually corrected with HIGH TONE SUPINATION Mildly increased medial arch. Mild heel inversion and forefoot adduction. Can correct when prompted. Can be manually corrected with

MODERATE HIGH TONE PRONATION Reduced medial arch. Moderate heel eversion and forefoot abduction. Can improve when prompted. Can be manually corrected with

HIGH TONE SUPINATION Increased medial arch. Moderate heel inversion and forefoot adduction Can improve when prompted. Can be manually corrected with

STRONG

HIGH TONE PRONATION Absent medial arch. Strong heel eversion and forefoot abduction. Cannot correct when prompted Can be manually corrected with strong resistance or cannot be corrected.

HIGH TONE SUPINATION Significantly increased medial arch. Strong heel inversion and forefoot adduction. Can be manually corrected with strong resistance or cannot be corrected.



Pronation | Supination



JumpStart Leap Frog



DAFO 4











Swing Phase Inconsistency



Lands heel first. No obvious compensations of the knee and hip.

Occurs occasionally (less than 80% of the time). Can control when prompted.



JumpStart Bunny Wrap-around strap



MODERATE

Lands foot-flat, accompanied by pronation/supination. Some compensations of the knee and hip.

Occurs almost always (80% of the time). Can improve when prompted.



DAFO 3.5

STRONG

Lands forefoot-first, accompanied by pronation/supination. Marked compensations of the knee and hip.

Occurs constantly (100% of the time).

Cannot control when prompted.



Ankle plantarflexion: 2° or more.

Cannot correct when prompted.

Occurs constantly (100% of the time)

STRONG



DAFO FlexiSport



Excess Plantarflexion Toe Walking



Ankle plantarflexion: 0°.

Occurs occasionally (less than 50% of the time). Can correct when prompted.

Can be manually corrected with mild resistance.



JumpStart Bunny

Gentle knee hyperextension: 0-2°.

Occurs occasionally (less than 50% of the time).

Can be manually corrected with mild resistance.



DAFO 4



JumpStart Softback



MODERATE

Ankle plantarflexion: 0-2°.

Can improve when prompted.

Occurs frequently (more than 50% of the time).

Can be manually corrected with moderate resistance.

MODERATE

DAFO 3.5

Marked knee hyperextension: 2-5°. Occurs frequently (more than 50% of the time).

DAFO 3.5

Can improve when prompted.

MODERATE

Can be manually corrected with moderate resistance.

Marked excess dorsiflexion and knee flexion: 10-15°.

Can be manually corrected with moderate resistance.

Occurs frequently (more than 50% of the time).



DAFO FlexiSport





Can be manually corrected with strong resistance or cannot be



Occurs constantly (100% of the time).

Can be manually corrected with strong resistance.



Kangaroo

STRONG



Significant excess dorsiflexion and knee flexion: 15° or more.

Can be manually corrected with strong resistance or cannot be

DAFO Turbo

Occurs constantly (100% of the time).

Cannot correct when prompted.

DAFO FA

STRONG



DAFO Tami2

DAFO Tami2



DAFO 2

Floor Reaction



Knee Hyperextension



MILD

JumpStart Bunny

Gentle excess dorsiflexion and knee flexion: 5-10°. Occurs occasionally (less than 50% of the time).

Can be manually corrected with mild resistance.

DAFO 4

JumpStart Bunny

Frequent assisted ambulation.

Accompanied by mild pronation/supination.

Can be manually corrected with moderate resistance.





MODERATE Accompanied by moderate pronation/supination

Occasional assisted ambulation. Can be manually improved.

DAFO FlexiSport

Accompanied by strong pronation/supination. Assisted transfers only; or non-weight-bearing. Cannot be manually corrected.







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